













CASC August Menu 2025

500 30th Avenue South, Seattle WA 98144

206.726.4926

www.casrcenter.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
 <p>August</p>	<p>To place an Order Call (206) 726-4926, 8:30am to 12:30pm. Monday - Friday</p>				<p>Tuna Salad On Wild Greens, Eggs, Olives, Tomatoes, Roll, Fresh Fruit</p>	<p>Menu Subject to Change</p>
3	4	5	6	7	8	9
<p>Seafair Patio Party</p> 		<p>BBQ Pulled Pork Sandwich Broccoli Salad Fresh Fruit</p>	<p>Chicken Teriyaki Rice Asian Vegetables Fresh Fruit</p>	<p>Beef Bolognese Penne Pasta Seasonal Vegetable Garlic Bread Fresh Fruit</p>	<p>Turkey and Cheese Sandwich with Lettuce and Tomato Clam Chowder</p>	
10	11	12	13	14	No Green Dolphin 15	16
	<p>Asian Chicken Salad with Peppers, Bok Choy and Ginger Soy Dressing</p>	<p>Jambalaya Over Rice Cabbage Cornbread Peach Cobbler</p>	<p>Chef Salad with Turkey, Cheese, Tomato, and Cucumber Roll, Fresh Fruit</p>	<p>Meatballs In BBQ Sauce, Greens Potato Salad Cornbread Fresh Fruit</p>	<p>Caesar Salad with Shrimp, Roll, and Fresh Fruit</p>	
17	18	19	Members Mtg. 20	21	22	23
	<p>Chicken Fried Rice w/ Peas & Carrots Asian Vegetables Fortune Cookie Fresh Fruit</p>	<p>Glazed Ham Creamed Spinach Yams, Cornbread Fresh Fruit</p>	<p>Beef Taco Salad With Tomato and Cheese Tortilla Chips Fresh Fruit</p>	<p>Fried Catfish Roasted Potatoes Coleslaw Blackberry Cobbler</p>	<p>Seafood Lasagna Seasonal Vegetable Garlic Bread Fresh Fruit</p>	
24/31	25	Board Meeting 26	27	B- Day Lunch 28	29	30
	<p>Spinach Salad with Bacon, Cheese, Cucumber, Tomato Roll, Fresh Fruit</p>	<p>Fried Chicken Seasonal Vegetable Macaroni Salad Roll, Fresh Fruit</p>	<p>Chicken Waldorf Salad, Apples, Celery, Grapes and Cranberries, Roll, Fresh Fruit</p>	<p>Pork Roast Mashed Potatoes Carrots Roll, Birthday Cake</p>	<p>Fish and Chips Coleslaw, and Fresh Fruit</p>	