

CASC May Menu 2026

500 30th Avenue South Seattle WA, 98144 206.726.4926 www.casrcenter.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
 3	 4	 5	 6	 7	Bacon Cheeseburger W /Lettuce & Tomato French Fries Fresh Fruit	Menu Subject to Change
 10	Cobb Salad w/ Chicken, Cheese, Bacon & Tomato Roll Fresh Fruit	Salmon Croquette Rice w/ Gravy Seasonal Vegetable Roll Fresh Fruit	BBQ Pulled Pork Sandwich Broccoli Salad Fresh Fruit	Fried Catfish Corn Coleslaw Fresh Fruit	Turkey and Cheese Sandwich w/Lettuce & Tomato Clam Chowder Fresh Fruit	To place an Order Call 206.726.4926 8:30AM-12:15PM Monday--Friday
	11	12	13	14	No Green Dolphin 15	16
 17	Beef Bolognese On Penne Pasta Seasonal Vegetable Garlic Bread Fresh Fruit	Pork Roast Mashed Potatoes w/ Gravy Seasonal Vegetable Roll Fresh Fruit	Chicken Fried Rice w/ Peas & Carrots Asian Vegetables Fortune Cookie Fresh Fruit	Jambalaya Over Rice Greens Cornbread Fresh Fruit	Caesar Salad w/ Shrimp Roll Fresh Fruit	 23
	18	19	Members Mtg. 20	21	22	23
 24/31	Chicken and Wild Rice Soup Garden Salad Crackers Fresh Fruit	Fried Chicken Greens Potato Salad Cornbread Peach Cobbler	Taco Salad w/ Tomato & Cheese Tortilla Chips Fresh Fruit	BBQ Chicken Sandwich Baked Beans Coleslaw Fresh Fruit	Salmon w/ Herb Butter Seasonal Vegetable Rice Pilaf Roll Fresh Fruit	 King County VSHSL Veterans, Seniors, & Human Services Levy
	25	Board Meeting 26	27	B- Day Lunch 28	29	30
	 WE ARE Closed for MEMORIAL DAY	Red Beans and Rice w/ Smoked Sausage Greens Cornbread Peach Cobbler	Chicken Waldorf Salad w/ Celery, Apples, & Grapes Roll Fresh Fruit	Glazed Ham Macaroni & Cheese Cabbage Cornbread Birthday Cake	Fish & Chips Coleslaw Fresh Fruit	 central AREA SENIOR CENTER