I-034 - Central Area Senior Center - Issue: 11/01/26

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central AREA SENIOR CENTER

November 2026

Administration | Social | $ Tickets
Social Services | Cards & Games
Health & Wellness | Arts & Crafts
Fitness | Meeting
Educational | ✓ Sign Up

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 9:15 ~~African Dance~~ cxl 11:00 Mary Henry Bridge 12:15 ~~African Drumming~~ cxl 2:30 Learn to Knit✓ 2:30 Table Game Night	3 10:00 Beginning Bridge 10:05 ~~Sliders Line Dancing~~ cxl 11:30 Social Bridge 1:00 Central Bingo	4 1:00 Quilting Class 1:00 Unassisted Computer Lab✓ 2:30 Book Club!✓ 1:00 Board Applicants Meet & Greet	5 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge	6 ***10:00 CMCH Health Screenings*** 10:30 ~~Sliders Line Dancing~~ cxl 12:00 Current Events Discussion	7 the central **Annual Meeting** Wednesday, November 18, 2026 1:15 PM Absentee Ballots available at the Front Desk
8 	9 9:15 ~~African Dance~~ cxl 11:00 Mary Henry Bridge 12:15 ~~African Drumming~~ cxl 2:30 Learn to Knit✓ 2:30 Table Game Night	10 10:00 Beginning Bridge 10:05 ~~Sliders Line Dancing~~ cxl 11:30 Social Bridge 1:00 Central Bingo	11 	12 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge	13 10:30 ~~Sliders Line Dancing~~ cxl 12:00 Current Events Discussion 1:00 Board Applicants Meet & Greet	14 **10:00 Bridge** 11:00 Medicare & You Presentation 12:30 Group Q & A 1:00 Individual Medicare Consultations 6:30 Individual Consultations End
15 3:00 Individual Medicare Consultations 5:30 Individual Consultations End	16 9:15 ~~African Dance~~ cxl 11:00 Mary Henry Bridge 12:15 ~~African Drumming~~ cxl 2:30 Learn to Knit✓ 2:30 Table Game Night 6:00 VIRTUAL **Medicare & You**	17 10:00 Beginning Bridge 10:05 ~~Sliders Line Dancing~~ cxl 11:30 Social Bridge 1:00 Central Bingo 6:00 Individual Medicare Consultations 7:30 Individual Consultations End	18 1:00 Unassisted Computer Lab✓ **1:15 ANNUAL MEETING**	19 **11:30 Birthday Celebration Luncheon$** 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge 7:00 The Compassionate Friends	20 10:30 ~~Sliders Line Dancing~~ cxl 12:00 Current Events Discussion 1:30 Movie: Jingle Jangle A Christmas Journey	21 ***9:00 Links***
22 	23 9:15 ~~African Dance~~ cxl 11:00 Mary Henry Bridge 12:15 ~~African Drumming~~ cxl 2:30 Learn to Knit✓ 2:30 Table Game Night	24 10:00 Beginning Bridge 10:05 ~~Sliders Line Dancing~~ cxl 11:30 Social Bridge 1:00 Central Bingo ***1:30 Board Meeting***	25 1:00 Quilting Class 1:00 Unassisted Computer Lab✓ 1:00 Whiz Posse Brain Pleasers	26 	27 	28 10:00 Bridge
	30 9:15 ~~African Dance~~ cxl 11:00 Mary Henry Bridge 12:15 ~~African Drumming~~ cxl 2:30 Learn to Knit✓ 2:30 Table Game Night			 Birthday Luncheon Thursday Nov 19, 2026		the central 500 30th Avenue S. Seattle, WA 98144 206.726.4926 www.casrcenter.org

Calendar of Events

revised 11/01/2026