

CASC April Menu 2026

500 30th Ave. S., Seattle WA 98144, 206-726-4926 www.casrcenter.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
 April			Spaghetti w/ Meat Sauce Seasonal Vegetables Garlic Bread, Fresh Fruit	Chicken Waldorf Salad w/ Celery, Grapes & Apples Roll, Fresh Fruit	Seafood Lasagna Seasonal Vegetable Garlic Bread Fresh Fruit	Menu Subject to Change
5	6	7	8	9	10	11
	Chicken & Wild Rice Soup Garden Salad Crackers Fresh Fruit	Chicken & Sausage Gumbo Cabbage Cornbread Fresh Fruit	Taco Casserole Tortilla Chips Garden Salad Fresh Fruit	Fried Chicken Black-Eyed Peas Greens Cornbread Fresh Fruit	Salmon w/Honey Mustard Glaze Seasonal Vegetable Roll Fresh Fruit	To place an Order Call (206) 726-4926 8:30AM to 12:15PM Monday - Friday
12	13	14	Members Mtg. 15	16	Green Dolphin 17	18
	Beef and Bean Chili Garden Salad Crackers Fresh Fruit	Salmon Croquet Rice w/ Gravy Seasonal Vegetables Whole Wheat Bread Peach Cobbler	Chicken Caesar Salad Roll Fresh Fruit	BBQ Pulled Pork Sandwich Coleslaw Fresh Fruit	Smoked Salmon Pasta Seasonal Vegetables Garlic Bread Fresh Fruit	Green Dolphin, Michael Powers April 17 th 6 pm – 9 pm
19	20	21	22	B- Day Lunch 23	24	25
	Chicken Fajita w/Peppers& Onions Street Corn Tortillas Fresh Fruit	Fried Catfish Roasted Potatoes Coleslaw Whole Wheat Bread Fresh Fruit	Chicken Pot Pie Garden Salad Fresh Fruit	Meatballs in Gravy Mashed Potatoes Carrots Roll Birthday Cake	Fish & Chips Coleslaw Fresh Fruit	 King County VSHSL Veterans, Seniors, & Human Services Levy
26	27	Board Meeting 28	29	30		
	Chicken Fried Rice w/ Peas & Carrots Asian Vegetables Fortune Cookie Fresh Fruit	Red Beans & Rice w/ Smoked Sausage Cabbage Cornbread Fresh Fruit	Beef Bolognese on Penne Pasta Seasonal Vegetable Garlic Bread Fresh Fruit	Roasted Chicken Macaroni and Cheese Seasonal Vegetable Roll Fresh Fruit		 central AREA SENIOR CENTER