



December 2025

- Special Event

Social Services

Health & Wellness

Fitness

Educational
- Social

Cards & Games

Arts & Crafts

Outing

Sign Up

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>1<div>9:15 African Dance</div><div>9:30 Enhance Fitness (Des Moines)🚗</div><div>11:00 Mary Henry Bridge</div><div>12:15 African Drumming</div><div>2:30 Learn to Knit✓</div><div>2:30 Table Game Night</div><div>2:45 Enhance Fitness</div></div>	<div>2<div>10:00 Beginning Bridge</div><div>10:05 Sliders Line Dancing</div><div>11:30 Social Bridge</div><div>1:00 Central Bingo</div></div>	<div>3<div>9:00 Enhance Fitness</div><div>10:30 Walking Group</div><div>1:00 Quilting Class</div><div>1:00 Unassisted Computer Lab✓</div><div>2:30 Book Club!✓</div></div>	<div>4<div>9:00 UW Interns</div><div>12:00 Medicaid/Medicare ✓</div><div>1:00 Bid Whist</div><div>5:30 Beginning Bridge</div><div>6:00 LeEtta King Bridge</div></div>	<div>5<div>9:00 Enhance Fitness</div><div>10:00 CMCH Health Screenings</div><div>10:30 Sliders Line Dancing</div><div>12:00 Current Events Discussion</div></div>	<div>6<div></div><div>SEATTLE'S CENTRAL DISTRICT: WALK & REMEMBER!</div></div>
<div><div>On Dasher, Dancer, Pricer & Vixen! On Comet, Cupid, Donner & Blitzen! We can't be late for the 12 DAYS OF GOODNESS in SEATTLE!</div><div>You are invited to a Seahawks-Themed Holiday Celebration with SEAHAWKS LEGENDS and friends!</div><div>DATE: DECEMBER 8 TIME: 2:30 PM PLACE: CENTRAL AREA SENIOR CENTER 300 30th Ave S, Seattle, WA 98144</div><div> Edwin Bailey</div><div> Alonzo Mitz</div><div>Featuring</div></div> <div>7</div>	<div>8<div>9:15 African Dance</div><div>9:30 Enhance Fitness (Des Moines)🚗</div><div>11:00 Mary Henry Bridge</div><div>12:15 African Drumming</div><div>2:30 Learn to Knit✓</div><div>2:30 Seahawks-Themed Holiday Celebration</div><div>2:30 Table Game Night</div><div>2:45 No Enhance Fitness</div></div>	<div>9<div>9:00 POCAAN Mobile Medical Clinic✓</div><div>10:00 Beginning Bridge</div><div>10:05 Sliders Line Dancing</div><div>11:30 Social Bridge</div><div>1:00 Central Bingo</div></div>	<div>10<div>9:00 Enhance Fitness</div><div>10:30 Walking Group</div><div>1:00 Quilting Class</div><div>1:00 Unassisted Computer Lab✓</div><div>1:00 Whiz Posse Brain Pleasers</div></div>	<div>11<div>9:00 UW Interns</div><div>12:00 Medicaid/Medicare ✓</div><div>1:00 Bid Whist</div><div>2:30 Book Club</div><div>5:30 Beginning Bridge</div><div>6:00 LeEtta King Bridge</div></div>	<div>12<div>9:00 Enhance Fitness</div><div>10:30 Sliders Line Dancing</div><div>12:00 Current Events Discussion</div></div>	<div>13<div>Cost of the Holiday Gala Special Is \$245 Includes the Gala Ticket, Annual Membership, And One Photo.</div><div>5:30 Holiday Gala Featuring Butch Harrison and Good Company along with DJ Cliff, Cost: \$145, \$165, \$185, RSVP at 206.726.4926</div></div>
<div><div>central</div><div>you are invited</div><div>Birthday Lunch</div><div>Thursday, Dec. 18th</div><div>11:30 AM to 1:00 PM</div><div></div></div> <div>14</div>	<div><div>SORRY! WE'RE CLOSED</div></div> <div>15</div>	<div>16<div>10:00 Beginning Bridge</div><div>10:05 Sliders Line Dancing</div><div>11:30 Social Bridge</div><div>1:00 Central Bingo</div><div>1:00 Central Bingo Celebration</div></div>	<div>17<div>9:00 Enhance Fitness</div><div>9:00 Enhance Fitness Celebration</div><div>10:30 Walking Group</div><div>1:00 Quilting Class</div><div>1:00 Unassisted Computer Lab✓</div></div>	<div>18<div>11:30 Members' Birthday Lunch RSVP✓</div><div>12:00 Medicaid/Medicare ✓</div><div>1:00 Bid Whist</div><div>5:30 Beginning Bridge</div><div>6:00 LeEtta King Bridge</div><div>7:00 The Compassionate Friends</div></div>	<div>19<div>No Green Dolphin</div><div>9:00 Enhance Fitness</div><div>10:30 Sliders Line Dancing</div><div>10:30 Sliders Line Dancing Celebration</div><div>12:00 Current Events Discussion</div></div>	<div>20<div>9:00 Links</div></div>
<div></div> <div>21</div>	<div>22<div>CASC will have workers on site December 22nd - December 31st working on capital projects. The building will be off-limits. MacDonald Miller will be facilitating capital upgrades inside.</div></div>	<div>23<div>The Central Area Senior Center will be closed for the remainder of December and will reopen on January 5th. No classes and/or lunch will be provided during that time.</div></div>	<div>24<div></div></div>	<div>25<div></div></div>	<div>26<div></div></div>	<div>27<div></div></div>
<div></div> <div>28</div>	<div>29<div>CASC Hours of Operation Monday:8:30AM-5:00PM Tuesday:8:30AM-5:00PM Wednesday:8:30AM-5:00PM Thursday:8:30AM-10:00PM Friday:8:30AM-5:00PM</div></div>	<div>30<div>Want Lunch or Need Groceries? Please call us at 206-726-4926 to Request All Events Are Subject to Change</div></div>	<div>31<div></div></div>	<div></div>	<div></div>	<div> King County VSHSL Veterans, Seniors, & Human Services Levy</div>