2026 CASC Nominees



Mary Love-Shavers

The 2026 Board Election will be on Wednesday, November 18 at 1:15 PM. Active members are invited to vote for 5 of the 8 candidates. Absentee Ballots can be secured at the Front Desk.

Central Area Senior Center (CASC, The Central) welcomes expressions of interest for its Board of Directors. CASC serves as a neighborhood gathering place for non-profit, civic, and social organizations. A rich diversity of neighborhood groups and individuals access the center daily. The Central engages, serves, and bridges the gaps between the historical founders of the center and that of new and emerging communities in a changing landscape.

The CASC Board of Directors strives to represent the racial, ethnic, geographic, social, and economic diversity of the residents of King County, as well as a broad base of community interests.

The Board consists of up to nine (9) volunteers, including retirees, who have the knowledge, expertise, and specific skills to benefit CASC. Board members must be 50 years or older and reside within King County.

Prospective board members should hold a broad vision for the potential and development of CASC. Our legacy of community service began in 1968 when African American civic activists observed that the Central District needed a place for our elders to meet and socialize. From the beginning, The Central has been a place of support, community, fellowship, and celebration. The role of board membership is competency, to provide policy and fiduciary oversight in the interest of The Central.

THE GREAT DIVERSITY OF MEMBERS, PROGRAMS, ARTS, CULTURE, MUSIC, FOOD, EDUCATION, ACTIVITIES AND THOUGHT CREATES A THIRST FOR LEARNING NEW THINGS WHILE ENGAGING IN BOOK CLUB, CURRENT EVENTS, AND HAVING FUN AT THE CASC. THE BOARD IS WORKING TO ASSURE A STABLE, LONG-TERM, STRONG FINANCIAL BASE TO ENABLE CASC TO THRIVE AND REACH SENIORS.

Terms of Office: Appointed members serve at least one three-year term, with a maximum of two consecutive terms but must rotate from the Board for at least one year following two consecutive terms. Board members are not compensated for their work on behalf of CASC. They serve on a volunteer basis.

Time Commitment: This is an active, working board; and members are expected to contribute to both Board and committee work. Board members will be expected to attend activities during the year, established by the Board of Directors and CASC staff, including Board Orientation and planning retreats. Board members are expected to make an annual monetary pledge, to participate in board and committee meetings, regular events and periodically shoulder other workloads as an active board member, committee chair, or member.

Upon acceptance as a board member, members are required to sign a commitment agreement and agree to a Washington State Patrol background check.

If you are interested in getting involved, but don't have the time to serve as a member of the Board, you are invited to express interest in serving on a Board Committee, which will provide valuable input to CASC from a variety of backgrounds.

Please send this form with an updated resume and a cover letter describing why you qualify as a board member and what contributions you can make.

Check all boxes representing your skills and prior experience:

- ☐ Community development/outreach
- ☐ Fiscal management
- ☐ Free-speech issues and activism
- ☐ Fundraising and fund development
- ☒ Personnel and Human resources
- ☐ Legal issues
- ☐ Media literacy
- ☐ Facility management/capital needs/planning
- ☐ Nonprofit management
- ☐ Public relations and marketing
- ☐ Strategic planning
- ☒ Volunteer program development
- ☐ Social media experience
- ☒ Community education & training
- ☐ IT and Technology knowledge
- ☒ Senior programs, special needs
- ☒ Health and Wellness

Name: Mary Love-Shavers

Business Affiliation: _____

Address: [redacted]
Seattle, WA 98112

Work phone: _____

Home phone: [redacted]

E-mail: [redacted]

Education & Training: Certified Nurses Aide
Food Handlers permit, Associat
Degree in Elementary Edu.
How are you familiar with CASC? Member, Room Rental
Taken Fitness Enhancement
African Dance, African Artifact pledge.

Memberships and volunteer involvement in CASC, charitable/professional/community/civic organizations:
I kept front of Building
Clean. Clean entire
Yesler Area. Clean the
Utility Closet
Tutor Central Area Youth Assoc.

Membership of any City, County, or State boards or commissions and dates of terms:
Central Area Group Home
Central Area Drug/Alcohol
Prison Ministry - 27 yrs

Demographic Information (please check all that apply)

☒ Seattle ☐ King County/City _____

☐ North ☐ South ☐ East ☐ West ☒ Central

Race: ☐ White ☒ Black/African American

☐ Asian/ Pacific Islander ☐ Hispanic/Latino

☐ American Indian/Alaskan Native ☐ Other_____

Cultural Affiliation: ☐ LGBT ☐ Biracial

☐ Multicultural

(see other side)

References: (list of three people, not related to you, whom you have known for at least one year :)

1) Name: Marjalyn Lakse
Phone/Email: [redacted]

2) Name: Gloria Burton
Phone/Email: [redacted]

3) Name: Elma Norton
Phone/Email: [redacted]

Birth date: [redacted]

Sex: [] Male [X] Female

Disability: N/A

Name of Spouse/Significant Other: N/A

Children's Names: Zakuya Sanders
Jabari Sanders

Please return this form to:

Address: CASC Board Chair
c/o Central Area Senior Center
500 30th Avenue South
Seattle, WA 98144

This application is also available online:
www.casrcenter.org

For more information, contact CASC.
at (206) 206-726-4926

For more information about CASC, please visit our website: www.casrcenter.org

08/2025

Central Area Senior Center
500 30th Avenue South
Seattle, WA 98144

A Call for Board Members

central
AREA SENIOR CENTER

Mission: CASC infuses warm friendships, healthy activities, and joyful experiences into the lives of mature adults.

CASC engages and enriches the diverse communities of Seattle and the Pacific Northwest

Mary Love-Shavers
[redacted]
Seattle, WA 98112
[redacted]
[redacted]

October 8, 2025

Board Selection Committee
Central Area Senior Center
Seattle, WA 98144

Dear Board Selection Committee,

I am writing to express my sincere interest in joining the Board of Directors at the Central Area Senior Center. For more than a decade, I have proudly volunteered at the Center and believe deeply in its mission to serve, uplift, and connect our elders with the broader community.

My background includes over 40 years of community service and leadership. As a retired King County Juvenile Probation Officer, I spent my career advocating for youth and families navigating difficult circumstances. In addition to my professional work, I have served on several community boards—including the Central Area Alcohol Board, the Spruce Street Inn Youth Facility Board, and the Central Area Group Home. Each of these roles has strengthened my ability to listen, lead, and serve with compassion and integrity.

Volunteerism has always been a guiding value in my life. From tutoring students and serving in prison ministries for nearly three decades, to supporting individuals facing homelessness, I have seen that lasting change begins with steady, committed care. The Central Area Senior Center embodies that same spirit, and I would be honored to contribute my time, insight, and energy as a member of your board.

Thank you for your time and consideration. I would welcome the opportunity to further discuss how my experience and commitment can support the Center's continued growth and service to our community.

Warm regards,
Mary Love-Shavers

Mary Love-Shavers

[redacted]

Professional Summary

Dedicated community advocate and retired juvenile probation officer with over 40 years of public service experience. Passionate about supporting youth, seniors, and underserved populations through education, mentorship, and volunteerism. Proven leadership as a board member and long-time volunteer with numerous Seattle-area organizations. Committed to advancing the mission and sustainability of the Central Area Senior Center.

Education

University of Washington – Seattle, WA

- Bachelor of Arts in Elementary Education
- Bachelor of Arts in Ancient Roman History & African Anthropology
  Graduated: 1973

Certifications

- Certified Caregiver – Catholic Community Services
- Certified Caregiver – First Choice
- Foster Parenting License – State of Washington
- CPR/First Aid Certified

Professional Experience

King County Juvenile Court – Seattle, WA
Juvenile Probation Officer | *1973 – 2000*

- Provided case management, counseling, and rehabilitation support for youth in the justice system.
- Collaborated with families, schools, and community agencies to promote positive development.

ADDEDUM;

Community Service:

Senior Center:

I volunteered to clean the utility closet. I painted the walls and put contact paper on some of the surfaces that were worn. I re-organized the supplies so that they were easy to find.

I have two senior citizens that I do care services for. One of them is 102 years old. Every Wednesday, I make sure that her garbage is emptied. I also buy her meals so that she does not have to cook. Sometimes I do some yard The second lady that I help is 91 years of age. I take her to exercise class; take her to some doctor's appointments; take her to the bank; and do some housework.

I also take socks and gloves for the homeless. I also take them cakes and cookies. I do this every other Sunday on the corner of Rainier and Henderson.

I also make hygiene packets for men and women. I distribute them to the Tiny Houses.

I recently went on a missionary trip to Paraguay and Brazil. I worked on the medical team. I took blood pressures, oxygen levels and temperatures. I took cany, and toys for the children.