



August 2026

- Administration
Social Services
Health & Wellness
Fitness
Educational

Social
Cards & Games
Arts & Crafts
Meeting
Sign Up

\$ Tickets

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
the central Seafair PATIO PARTY SUNDAY, AUGUST 2, 2026 11 AM - 5 PM	Knitting Class IS ON SUMMER BREAK WILL RESUME IN SEPTEMBER	the central 500 30th Avenue S. Seattle, WA 98144 206.726.4926 www.casrcenter.org	WHIZ POSSE BRAIN PLEASERS 1:00 - 3:00 pm 2nd & 4th WEDNESDAY of each month TRIVIA	the central CASC Hours of Operation Monday 8:30 am - 5:00 pm Tuesday 8:30 am - 5:00 pm Wednesday 8:30 am - 5:00 pm Thursday 8:30 am - 10:00 pm Friday 8:30 am - 5:00 pm	NEW AT THE CENTRAL GROOVE & SWEAT MOVE. GROOVE. HAVE FUN. FEEL GREAT! LEGEND Never Stop	BECOME A MEMBER TODAY central AREA SENIOR CENTER PRICES INCREASE AUG 15TH REGISTER TODAY!
SUNDAY, AUGUST 2, 2026 11 AM - 5 PM FEATURING Music by Triple Treat	*CLOSED*in Lieu of Seafair Patio Party	10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo	9:00 Groove & Sweat Class 10:30 Walking Group 1:00 Quilting Class 1:00 Unassisted Computer Lab ✓ 2:30 Book Club! ✓	12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge	9:00 Groove & Sweat Class 10:00 CMCH Health Screenings 10:30 Sliders Line Dancing 12:00 Current Events Discussion	10:00 Bridge
AUGUST MOVIES Friday, August 14 1:30 PM A MADEA - HOMECOMING - Friday, August 28 1:30 PM THE DIG	9:15 African Dance 11:00 Mary Henry Bridge 12:15 African Drumming 2:30 Table Game Night 3:00 Groove & Sweat Class	10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo	9:00 Groove & Sweat Class 10:30 Walking Group 1:00 Quilting Class 1:00 Unassisted Computer Lab ✓ 1:00 Whiz Posse Brain Pleasers	12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge	9:00 Groove & Sweat Class 10:30 Sliders Line Dancing 12:00 Current Events Discussion 1:30 Movie: A Madea Homecoming	9:00 Links
MEMBERSHIP MEETING WEDNESDAY, AUGUST 19 1:15	9:15 African Dance 11:00 Mary Henry Bridge 12:15 African Drumming 2:30 Table Game Night 3:00 Groove & Sweat Class	10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo	9:00 Groove & Sweat Class 10:30 Walking Group 1:00 Unassisted Computer Lab ✓ 1:15 Membership Meeting ☕	12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge 7:00 The Compassionate Friends	9:00 Groove & Sweat Class 10:30 Sliders Line Dancing 12:00 Current Events Discussion	10:00 Bridge
Central Area Senior Center MONTHLY BOARD MEETING Tuesday, Aug 25 1:30 PM	9:15 African Dance 11:00 Mary Henry Bridge 12:15 African Drumming 2:30 Table Game Night 3:00 Groove & Sweat Class	10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo 1:30 Board Meeting ☕	9:00 Groove & Sweat Class 10:30 Walking Group 1:00 Quilting Class 1:00 Unassisted Computer Lab ✓	11:30 Birthday Celebration Luncheon\$ 12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge	9:00 Groove & Sweat Class 10:30 Sliders Line Dancing 12:00 Current Events Discussion 1:30 Movie: The Dig	King County VSHSL Veterans, Seniors, & Human Services Levy
August Birthday Luncheon Thursday, Aug 27, 2026	9:15 African Dance 11:00 Mary Henry Bridge 12:15 African Drumming 2:30 Table Game Night 3:00 Groove & Sweat Class					