

CASC January Menu 2026

500 30th Ave South Seattle WA 98144

206.726.4926

www.casrcenter.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
	To Place an Order Call (206) 726-4926 8:30 am to 12:30pm.					Menu Subject to Change
4	5	6	7	8	9	10
	Beef & Bean Chili Garden Salad Crackers Fresh Fruit	Pork Roast Mashed Potatoes w/ Gravy Seasonal Vegetables Roll Blackberry Cobbler	Chicken Noodle Soup Garden Salad Crackers Fresh Fruit	Fried Chicken Black-Eyed Peas Cabbage Cornbread Fresh Fruit	Turkey & Cheese Sandwich w/ Lettuce & Tomato Clam Chowder Fresh Fruit	
11	12	13	14	15	No Green Dolphin 16	17
	Beef Stew w/Carrots, Peas, & Tomatoes Garden Salad Fresh Fruit	Fried Catfish Corn Coleslaw Peach Cobbler	Beef Bolognese On Penne Pasta Seasonal Vegetables Garlic Bread Fresh Fruit	Chicken & Sausage Gumbo Green Beans Corn Bread Fresh Fruit	Fish & Chips Coleslaw Fresh Fruit	
18	19	20	Members Mtg. 21	B- Day Lunch 22	23	24
	CLOSED, JANUARY 19 TH IN HONOR OF MARTIN LUTHER KING JR. 	Jambalaya Over Rice Greens Cornbread Fresh Fruit	Smoked Salmon Pasta Seasonal Vegetable Garlic Bread Fresh Fruit	Smothered Chicken Mashed Potatoes Carrots Roll Birthday Cake	Seafood Lasagna Seasonal Vegetables Garlic Bread Fresh Fruit	
25	26	Board Meeting 27	28	29	30	31
	Closed! Annual Board, Staff & Volunteers Retreat 10 AM—5 PM	Red Beans & Rice w/ Smoked Sausage Cabbage Cornbread Fresh Fruit	Chicken Pot Pie Garden Salad Fresh Fruit	Meatballs In Brown Gravy Macaroni & Cheese Green Beans Fresh Fruit	Bacon Cheeseburger w/ Lettuce & Tomato French Fries Fresh Fruit	