






# CASC March Menu

2025

500 30<sup>th</sup> Avenue South Seattle WA 98144 206.726.4926

www.casrcenter.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	To place an Order Call (206) 726-4926 Between 8:30am to 12:30pm. Monday - Friday					Menu Subject to Change
2	3	4	5	6	7	8
	Beef Stew Roll Garden Salad Fresh Fruit	Roasted Chicken Greens, Yams Cornbread Fresh Fruit	Chicken Fried Rice Asian Vegetables Fortune Cookie Fresh Fruit	Red Beans & Rice w/ Smoked Sausage Cabbage, Cornbread Fresh Fruit	Seafood Lasagna Roasted Vegetables Garlic Bread Fresh Fruit	
9	10	11	12	13	14	15
	Chicken Pot Pie Garden Salad Fresh Fruit	Salmon Coquette Rice w/ Gravy Broccoli Whole Wheat Bread Fresh Fruit	Chicken Marsala Roasted Vegetables Pesto Pasta Fresh Fruit	Smothered Liver & Onions, Mashed Potatoes Green Beans, Cornbread Peach Cobbler	Chicken Waldorf Salad w/ Apples, Grapes, & Celery Roll, Fresh Fruit	
16	17	18	19	20	21	22
	Thai Coconut Chicken, Curry Soup, Garden Salad Roll, Fresh Fruit	Jambalaya Over Rice, Green Beans Cornbread Fresh Fruit	Chicken Teriyaki Over Rice Broccoli Fresh Fruit	Fried Chicken Greens Black-Eyed Peas Cornbread Peach Cobbler	Clam Chowder Turkey & Cheese Sandwich w/ Lettuce & Tomato Fresh Fruit	
23	24	25	26	27	28	29
	Beef Bolognese Penne Pasta Broccoli Garlic Bread Fresh Fruit	Fried Catfish Roasted Potatoes Coleslaw Fresh Fruit	Chicken Fajita w/ Onions & Peppers Street Corn Tortillas Fresh Fruit	Roasted Turkey Cornbread Dressing w/Gravy, Cabbage Birthday Cake	Fish & Chips Coleslaw Fresh Fruit	
30	31					
	Taco Casserole, Spinach Salad, Tortillia Chips, Fresh Fruit			