

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>King County VSHSL Veterans, Seniors, & Human Services Levy</p>	 <p>CASC Hours of Operation Monday 8:30 am - 5:00 pm Tuesday 8:30 am - 5:00 pm Wednesday 8:30 am - 5:00 pm Thursday 8:30 am - 10:00 pm Friday 8:30 am - 5:00 pm</p>	<p>Remember to Register for the</p>  <p>MAY BIRTHDAY LUNCHEON Thursday, May 28, 2026</p>	 <p>500 30th Avenue S. Seattle, WA 98144 206.726.4926 www.casrcenter.org</p>	<p>All Events Subject to Change</p>	<p>9:00 Enhance Fitness 10:00 CMCH Health Screenings 10:30 Sliders Line Dancing 12:00 Current Events Discussion</p>	<p>Orientation Friday, May 29 1 PM</p>  
 <p>Cinco de Mayo May 5th</p>	<p>9:15 African Dance 11:00 Mary Henry Bridge 12:15 African Drumming 2:30 Learn to Knit ✓ 2:30 Table Game Night 2:45 Enhance Fitness</p>	<p>10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo</p>	<p>9:00 Enhance Fitness 10:30 Walking Group 1:00 Quilting Class 1:00 Unassisted Computer Lab ✓ 2:30 Book Club! ✓</p>	<p>10:00 Technology Support Services ✓ 10:30 Wearable Medical ID Workshop 12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge</p>	<p>9:00 Enhance Fitness 10:30 Sliders Line Dancing 12:00 Current Events Discussion 1:30 Movie: The Bucket List</p>	<p>10:00 Bridge</p>
 <p>HAPPY MOTHER'S DAY</p>	<p>9:15 African Dance 11:00 Mary Henry Bridge 12:15 African Drumming 2:30 Learn to Knit ✓ 2:30 Table Game Night 2:45 Enhance Fitness</p>	<p>10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo</p>	<p>9:00 Enhance Fitness 10:30 Walking Group 1:00 Quilting Class 1:00 Unassisted Computer Lab ✓ 1:00 Whiz Posse Brain Pleasers</p>	<p>12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge</p>	<p>9:00 Enhance Fitness 10:30 Sliders Line Dancing 12:00 Current Events Discussion</p>	<p>9:00 Links</p>
 <p>MEMBERSHIP MEETING WEDNESDAY, MAY 20 1:15</p>	<p>9:15 African Dance 11:00 Mary Henry Bridge 12:15 African Drumming 2:30 Learn to Knit ✓ 2:30 Table Game Night 2:45 Enhance Fitness</p>	<p>10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo</p>	<p>9:00 Enhance Fitness 10:30 Walking Group 1:00 Quilting Class 1:00 Unassisted Computer Lab ✓ 1:15 Membership Meeting ✎</p>	<p>12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge 7:00 The Compassionate Friends</p>	<p>9:00 Enhance Fitness 10:30 Sliders Line Dancing 12:00 Current Events Discussion 1:30 Movie: Harriet</p>	<p>10:00 Bridge</p>
<p>Central Area Senior Center MONTHLY BOARD MEETING Tuesday, May 26 1:30 PM</p>  <p>Connect w/The Central on Facebook</p>	<p>CLOSED FOR Memorial Day</p>  <p>SORRY WE WILL BE CLOSED</p>	<p>10:00 Beginning Bridge 10:05 Sliders Line Dancing 11:30 Social Bridge 1:00 Central Bingo 1:30 Board Meeting ✎</p>	<p>9:00 Enhance Fitness 10:30 Walking Group 1:00 Quilting Class 1:00 Unassisted Computer Lab ✓ 1:00 Whiz Posse Brain Pleasers</p>	<p>11:30 Members' Birthday Lunch RSVP ✓ 12:00 Medicaid/Medicare ✓ 1:00 Bid Whist 5:30 Beginning Bridge 6:00 LeEtta King Bridge</p>	<p>9:00 Enhance Fitness 10:30 Sliders Line Dancing 12:00 Current Events Discussion 1:00 SHARP Orientation Meeting ✎</p>	 <p>Central Area Senior Center</p>