





APRIL 2025

- Special Event
- Green Dolphin
- Occupational
- Health & Wellness
- Fitness
- Spiritual
- Educational
- Social
- Cards & Games
- Arts & Crafts
- 📍 Meeting
- 🎬 Movie
- 🚗 Outing
- ✓ Sign Up

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HELLO April</p>	<p>APRIL IS AUTISM AWARENESS MONTH</p>	<p>10:00 ■ Beginning Bridge</p> <p>10:05 ■ Sliders Line Dancing</p> <p>11:30 ■ Social Bridge</p> <p>1:00 ■ Central Bingo</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Walking Group</p> <p>1:00 ■ Unassisted Computer Lab ✓</p> <p>2:00 ■ Quilting Class</p> <p>2:30 ■ Book Club! ✓</p>	<p>12:00 ■ Medicaid/Medicare ✓</p> <p>1:00 ■ Bid Whist</p> <p>5:30 ■ Beginning Bridge</p> <p>6:00 ■ Le Etta King Bridge</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:00 ■ CMCH Health Screenings</p> <p>10:30 ■ Sliders Line Dancing</p> <p>12:00 ■ Current Events Discussion</p>	<p>All Events Are Subject to Change</p>
<p>Join our Membership Meeting</p> <p>16 APRIL 2025 AT 1:15PM</p> <p>500 30th Avenue South Seattle WA, 98144</p> <p>206-726-4926</p> <p>www.casrcenter.org</p>	<p>9:15 ■ African Dance</p> <p>9:30 ■ Enhance Fitness (Des Moines) 📍</p> <p>11:00 ■ Mary Henry Bridge</p> <p>12:15 ■ African Drumming</p> <p>2:30 ■ Learn to Knit ✓</p> <p>2:30 ■ Table Game Night</p> <p>2:45 ■ Enhance Fitness</p>	<p>10:00 ■ Beginning Bridge</p> <p>10:05 ■ Sliders Line Dancing</p> <p>11:30 ■ Social Bridge</p> <p>1:00 ■ Central Bingo</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Walking Group</p> <p>1:00 ■ Unassisted Computer Lab ✓</p> <p>1:30 ■ Midweek Matinee 📺</p> <p>2:00 ■ Quilting Class</p>	<p>9:00 ■ POCAAN Mobile Medical Clinic ✓</p> <p>12:00 ■ Medicaid/Medicare ✓</p> <p>1:00 ■ Bid Whist</p> <p>5:30 ■ Beginning Bridge</p> <p>6:00 ■ Le Etta King Bridge</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Sliders Line Dancing</p> <p>12:00 ■ Current Events Discussion</p>	<p>10:00 ■ Bridge</p> <p>2:00 ■ SilverSounds April 12 & 13, Arts Center 401 South 152nd Street, Burien 98148</p> <p>www.nwassocatedarts.org</p>
<p>BOARD MEETING</p> <p>22 APRIL 2025 1:30PM</p> <p>500 30th Avenue South SEATTLE WA, 98144</p> <p>206-726-4926</p> <p>www.casrcenter.org</p>	<p>9:15 ■ African Dance</p> <p>9:30 ■ Enhance Fitness (Des Moines) 📍</p> <p>11:00 ■ Mary Henry Bridge</p> <p>12:15 ■ African Drumming</p> <p>2:30 ■ Learn to Knit ✓</p> <p>2:30 ■ Table Game Night</p> <p>2:45 ■ Enhance Fitness</p>	<p>10:00 ■ Beginning Bridge</p> <p>10:05 ■ Sliders Line Dancing</p> <p>11:30 ■ Social Bridge</p> <p>1:00 ■ Central Bingo</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Walking Group</p> <p>1:00 ■ Unassisted Computer Lab ✓</p> <p>1:15 ■ Membership Meeting 📍</p> <p>2:00 ■ Quilting Class</p>	<p>12:00 ■ Medicaid/Medicare ✓</p> <p>1:00 ■ Bid Whist</p> <p>5:30 ■ Beginning Bridge</p> <p>6:00 ■ Le Etta King Bridge</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Sliders Line Dancing</p> <p>12:00 ■ Current Events Discussion</p> <p>6:00 ■ No Green Dolphin</p> <p>1:00 ■ BUILDING CLOSED AFTER LUNCH - Office Relocations & Plumbing Work</p>	<p>9:00 Links</p>
<p>Happy Easter Day</p> <p>Sunday, April 20, 2025</p>	<p>9:15 ■ African Dance</p> <p>9:30 ■ Enhance Fitness (Des Moines) 📍</p> <p>11:00 ■ Mary Henry Bridge</p> <p>12:15 ■ African Drumming</p> <p>2:30 ■ Learn to Knit ✓</p> <p>2:30 ■ Table Game Night</p> <p>2:45 ■ Enhance Fitness</p>	<p>10:00 ■ Beginning Bridge</p> <p>10:05 ■ Sliders Line Dancing</p> <p>11:30 ■ Social Bridge</p> <p>1:00 ■ Central Bingo</p> <p>1:30 ■ Board Meeting 📍</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Walking Group</p> <p>1:00 ■ Unassisted Computer Lab ✓</p> <p>1:30 ■ Midweek Matinee 📺</p> <p>2:00 ■ Quilting Class - CXL</p>	<p>11:30 ■ Members' Birthday Lunch RSVP ✓</p> <p>12:00 ■ Medicaid/Medicare ✓</p> <p>1:00 ■ Bid Whist</p> <p>5:30 ■ Beginning Bridge</p> <p>6:00 ■ Le Etta King Bridge</p>	<p>9:15 ■ Property Tax Exemption</p> <p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Sliders Line Dancing</p> <p>12:00 ■ Current Events Discussion</p>	<p>10:00 ■ Bridge</p>
<p>APRIL Birthday Celebration</p> <p>THURSDAY, APRIL 24TH 11:30AM-1:00PM</p>	<p>9:15 ■ African Dance</p> <p>9:30 ■ Enhance Fitness (Des Moines) 📍</p> <p>11:00 ■ Mary Henry Bridge</p> <p>12:15 ■ African Drumming</p> <p>2:30 ■ Learn to Knit ✓</p> <p>2:30 ■ Table Game Night</p> <p>2:45 ■ Enhance Fitness</p>	<p>10:00 ■ Beginning Bridge</p> <p>10:05 ■ Sliders Line Dancing</p> <p>11:30 ■ Social Bridge</p> <p>1:00 ■ Central Bingo</p> <p>1:00 ■ SHARP Focus Group</p>	<p>9:00 ■ Enhance Fitness</p> <p>10:30 ■ Walking Group</p> <p>1:00 ■ Unassisted Computer Lab ✓</p> <p>2:00 ■ Quilting Class</p>	<p>CASC Hours of Operation</p> <p>Monday: 8:30AM-5:00PM</p> <p>Tuesday: 8:30AM-5:00PM</p> <p>Wednesday: 8:30AM-5:00PM</p> <p>Thursday: 8:30AM-10:00PM</p> <p>Friday: 8:30AM-5:00PM</p>	<p>Want Lunch or Need Groceries? Please call us at 206-726-4926 to Request.</p> <p> King County</p> <p>Veterans, Seniors & Human Services Levy</p>	